

DEPARTMENT OF SOCIAL WORK

Activity Update

01 July 2023 – 31 July 2023

AWARENESS CLASS FOR VARNAKOOTTU PROGRAM

Ms. Fathima Haneefa, Social Work Trainee of Second year MSW conducted an awareness class on the topic 'INFLUENCE OF VARIOUS RELATIONSHIPS IN ADOLESCENCE' at Varnakootu – an adolescent club under Mission Valsalya at CN no. 151 Safa Nagar Aganwadi, Erattupetta on 4th July 2023. Social Work Trainee interacted with the students and understood the student's view point at the current scenarios. It was a great opportunity for the trainee to apply theoretical knowledge into practice.

WORKSHOP - PSYCHOLOGICAL ASSESSMENTS IN COUNSELLING

The Social work trainees of Second year MSW, Ms. Fathima Hannefa & Ms. Anakha A. R attended One-day Workshop (6 hours) on PSYCHOLOGICAL ASSESSMENT IN COUNSELING organized by TRADA INSTITUTE OF SOCIAL SCIENCE on 28th July 2023.

Psychological assessment, also known as psychological testing, is done to better understand an individual and provide valuable insights into the individual's behavior, skills, thoughts and personality. Through this workshop the trainees were able to learn & practice the psychological tests such as Egogram Assessment, Personality Assessment, Smartphone Compulsion Test and Life Satisfaction Test.



STUDENT INDUCTION PROGRAMME

The Department of Social Work organised a Student Induction Programme (SIP) for first year BSW students (Batch 2023-26) on 27th July 2023 at College Open Auditorium. The purpose of Student Induction Programme was to help new students adjust and feel comfortable in the new environment, inculcate them the culture of the institution, help them build bonds with other students and faculty members, and expose them to a sense of larger purpose and self exploration.

The programme started with an ice breaking session by Mr. Anit Jose (HR Manager). The fun and interactive activities were beneficial to foster connections among students and build a supportive network. The college Principal, Rev. Dr. Baby Sebastian Thonikuzhy addressed the students and he explained about the college, campus, placement, exam and related matters. Later, Mr. Sajo Joy (Faculty, SW Dept.) and Mr. Bristo Mathew ((Faculty, SW Dept.) engaged the sessions. There was a cultural session too, where the students performed various programmes such as group songs, dance, folk songs etc. The students presented their feedbacks about the programme at the end. Overall, the Student Induction Programme enabled the students to create a we feeling among them. It also helped to create a positive and supportive environment for incoming students. Ms. Shilpa S (Faculty, SW Dept.) coordinated the program.



 **BISHOP VAYALIL MEMORIAL
HOLY CROSS COLLEGE**
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Cherpunkal PO, Kottayam-686584 - ESTD 1995

Department of Social Work

SIP

Student Induction Programme

Embrace & Empower

 **27-07-2023**  **Open Auditorium**

- Ice Breaking Sessions
- Orientation Talks
- Cultural Activities
- Campus Tour

Principal: Rev. Dr. Baby Sebastian Thonikuzhy
Faculty Coordinator: Ms. Shilpa S





FIRST YEAR PG CLASS OPENING DAY

The classes for First Year MSW students of 2023-24 academic year started on 13th July 2023. The opening day programme was held at 10.30 am in the College Open Auditorium. Mr. Anit Jose (HR Manager) delivered the welcome speech. Digital College Tour and Unity Song of the college presented before the students. The College Principal, Rev. Dr. Baby Sebastian Thonikuzhy gave a detailed introduction about the college, it's history, motto, departments, faculties and other facilities. Mr. Sajo Joy, Faculty of Department of Social Work delivered the Vote of Thanks. After this session, the students were directed to their respective classes. The First year Class Mentors, Mr. Sajo Joy and Ms. Priya Zachariahs K gave a brief idea regarding the MSW course for the students.

FIRST YEAR UG CLASS OPENING DAY

The classes for First Year U G students of 2023-24 academic year started on 11th July 2023. The opening day programme was held at 10.30 am in the College Open Auditorium. The College Principal Rev. Dr. Baby Sebastian Thonikuzhy given a detailed introduction about the college, it's

history, motto, departments, faculties and other facilities. Rev. Scariah Malamlackal (College Bursar) also addressed the meeting. After this session, the students were directed to their respective classes. Ms. Deepa Babu (Head, SW Dept) and Ms. Shilpa S (First year Class Mentor), gave a brief idea regarding the BSW course for the students and their parents.



ESWA – INAUGURATION

Department of Social Work BVM, Holy Cross College Cherpunkal, Pala conducted the Inauguration of ESWA (Emerging Social Workers Association) on 19th July 2023 at the Academic Theatre. The Chief Guest of the day was Ms. Dwitheeya Pathiramanna, Early Interventionist, CDC, Mar Sleevea Medicity Palai. Ms Deepa Babu, Head of the Department of Social Work, gave a warm welcome to the Chief guest and the dignitaries. Rev. Dr. Baby Sebastian Thonikuzhy, Principal (BVM HCC Cherpunkal) delivered the Presidential Address. The inaugural session was taken by Ms. Dwitheeya Pathiramanna about social work interventions with children. The melodious song by Mr. Nibu Benny of 2nd year MSW blessed the function. Mr. Bristo Mathew (ESWA Coordinator) and Mr. Ashish Emmanuel (ESWA Secretary) felicitated the session. Nearly 200 social work trainees participated in the programme. Ms. Ashmi Saji, (Second Year MSW) gave the Vote of Thanks to the programme. The formal program ended with prayers for the people who were suffering due to riots in Manipur.



Inauguration

EMERGING SOCIAL WORKERS ASSOCIATION

Department of Social Work



Chief Guest

Ms. Dwithheeya Pathiramanna
Early Interventionist, CDC
Mar Sleeva Medicity Palai



Faculty Coordinator: Mr. Bristo Mathew

REV. DR. BABY SEBASTIAN
THONIKUZHY



19 JULY 2023



02:00 PM



EDUCATION THEATRE



ONE DAY TRAINING PROGRAMME

The second year MSW students, Mr. Amal Sunny and Mr. Darwin K Wilson attended a one-day Training Program on Climate Action and Mental Health, organised by SUSTERA Foundation. The training program aimed to empower mental health professionals, first responders and social workers, especially young professionals, to address the mental health implications of climate change. Through this distinctive one-day program, participants were able to enhance their

understanding of climate-induced disasters, mental health implications and develop strategies to address climate anxiety.



INTERNATIONAL CONFERENCE

Mr. Amal Sunny, third semester MSW student attended the international conference on the topic “Equitable and inclusive education: learning for all”. The conference was organised by Assumption College, Changanassery in collaboration with Adelphi University, New York on 10th July 2023. The conference was a platform for sharing strategies, experiences, concerns and views on education in context of a developing country and developed country.



CHANDRAYAN QUIZ COMPETITION

Ms. Diya Maria Christo, 2nd year, MSW B Batch secured third position in the Chandrayan-III quiz. The quiz competition was conducted by the science club of our college.

DEBATE

As part of the World Population Day Observation, a debate was organised by the Department of Social Work on 11th July 2023. The topic was “Is population control a necessity?”. The 2nd year MSW students participated in the debate. Mr. Bristo Mathew (Faculty SW Dept) & Mr. Janson Varghese (Faculty SW Dept) moderated the session.



“YOUR VOICE MATTERS” – VOICE DONATION CAMPAIGN: Outreach Program @ Govt. Blind School Olassa

The Department of Social Work of BVM HCC Cherpunkal conducted outreach program at Government Blind School Olassa on 20th July 2023 as part of Your Voice Matters Campaign in connection with the reading week observation of 2023

The mission of the campaign was to promote reading habit in visually challenged students by donating recorded audios short stories, novels, poems, articles etc. Mr. Prashant V Kaimal, the president of ‘Sahithya Samajam’ club welcomed the participants. Mr. E J Kurain (HM, GBS, Olassa) delivered the presidential address for the program. Mr Sajo Joy, Faculty of BVM Holy Cross College inaugurated the Sahithya Samajam – Cultural Forum of the School. The recorded audio was handed over to the Government Blind School Audio library. Mr Bristo Mathew, Faculty of BVM Holy Cross College delivered a motivational session to the students there. The students and teachers performed various cultural programs, Tabala by Sreejith, song by Sreelatha & Krishendhu, Mappila song by Abdul Razzaq were the highlights of the day. The recorded message

by Mr.Gokul S IAS (Assistant Collector – Thirunelveli) inspired audience by his cherished words. Ms. Deepa Babu, Head, Social Work Department and Mr Bilhari & Jacob Sams (Faculty, Media Dept.) graced us with their inestimable words. The program concluded by 5 pm.





Reaction to Manipur Incidents

Ms. Mrunalini Saji of second year came with a poetic expression in reaction to the tearful Manipur incidents.

യുദ്ധമുഖത്തുശ്ശിരമങ്ങുമ്പോൾ പിൻപക്കം
 ആടത്തുമുക്കൈമാറിപ്പുടിയ പവിഴകിരീടങ്ങൾ
 കത്തിയമരുന്ന ജീവിതങ്ങളുടെ അബലഘോഷത്തിനു നേർ
 മൗനം പാർന്ന രാജാവു... പരിചാരകരും
 കൈക്കൊള്ളുന്ന വിഡ്ഢി കുട്ടങ്ങളും
 എട്ടുമുഴം ചേലയിൽ ചുറ്റി ഉടയാതെ കാത്ത
 സംസ്കാര കാവലാളുകളും
 ചുടു രക്തം പാറിയ കൊടുങ്കാറ്റിലും ഉലയാത്ത
 മനസാക്ഷിയും മാനവീകതയും
 ഏഴുതിരിവെളിച്ചത്തിലും കൺമങ്ങിയ
 നീതിപീഠവും നിയമപാലകരും
 പൊഴിക്കുന്ന കണ്ണുനീർ അവളിലെ
 മുറിവുകൾക്കു ശാന്തിയാകുമോ...?
 ആ യാഥനങ്ങൾക്ക് പകരമാകുമോ?
 പ്രതികാരത്തിനും പ്രതിക്ഷേപത്തിനും കാലങ്ങളായി
 കലാപകോലങ്ങളായി കത്തിയമരുന്ന സ്ത്രീയും...
 അവളിലെ ആടകൾ ഓരോന്നായി നീ അടർത്തുമ്പോൾ
 ഹീനമായ കരങ്ങൾ അവളിലെ അവളെ പിച്ഛിചീന്തുമ്പോൾ
 നിന്റെ ബലം അവളുടെ മെയ്യെ കീഴ്പ്പെടുത്തുമ്പോൾ
 ആ പിടച്ചിൽ നിന്റെ ഞരമ്പുകളെ ഉത്തേജിപ്പിക്കുമ്പോൾ
 അപ്പോൾ മാത്രമാണ് നിന്റെ മാതാവൊഴുകിയ
 രക്തം അശ്രുദ്ധിയാകുന്നത്...
 അവളുടെ നഗ്നതയിലേക്ക് തുള്ളിച്ചുകയറിയ ഓരോ അമ്പും
 പരിഹാസ കല്ലുകളും നിന്റെ ജനനത്തെ ചോദ്യം ചെയ്യും
 എന്തേ.... ഈ നിലവിലുകൾ ദ്വാരകയുടെ മണികളെ
 മുഴക്കിയില്ല? ചുമരുകളിൽ പ്രതിദ്വന്ദിച്ചില്ല?
 അതോ.. അവളിലെ രക്തം സൃഷ്ടാവായ നിനിലും
 അറപ്പുള്ളവാക്കിയോ?

- മൃണാളിനി

KAPS Webinar on Digital Communication

KAPS Skills Academy in association Social Work Department of BVM HCC Cherpunkal conducted a Session on 'Digital Communication for Social Workers'.

Fri, 28 July 23. 6 pm

Join Zoom Meeting:

<https://us06web.zoom.us/j/85174439562?pwd=Z1lQY3F1bWYrUR2WFJLUzdJYzVIUT09>



KAPS KERALA ASSOCIATION OF PROFESSIONAL SOCIAL WORKERS

KAPS Skills Academy
Session On
Digital Communication for Social Workers
Friday 28th July, 2023 6:00 PM

Resource Person

Mr. Subin George (U.K)
Former HoD, Dept of Social Work,
DIST, Angamall

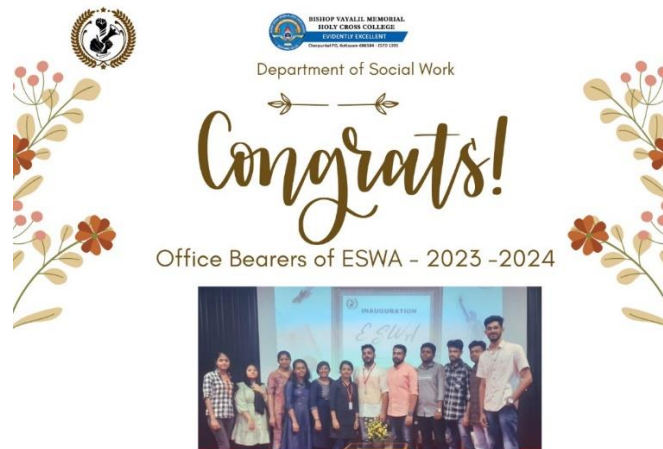
For BSW/MSW Trainees
2022 Admission Batch



In association with
BCM College, Kottayam
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MA College, Ramapuram
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Assumption College, Changanasherry
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Bharatmata College, Thiruvananthapuram
JFM College, Labbaikada, Idukki

Contact us:
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9446448215

ESWA Office Bearers 2023 – 24


Mr. Ashish Emmanuel of MSW II Year has selected as the Secretary of ESWA.



 
Department of Social Work

Congrats!

Office Bearers of ESWA - 2023 -2024



Farewell to Mr. Sajo Joy

Department of Social Work given farewell to Mr Sajo Joy (Faculty, SW Dept.) for his commendable service to the institution on 31st July 2023.