



PROGRAMME OUTCOMES

- PO1: Demonstrate the knowledge, values and skills necessary for social work practice.
- PO2: Equip with the knowledge to provide services that advances the well-being of people; promote social and economic justice and enhance the social functioning of individuals, families, groups organizations and communities.
- PO3: Understanding the importance of social work studies in the society.
- PO4: Understand and analyse the problems related to human mind and wellbeing.

PROGRAMME SPECIFIC OUTCOMES

- PSO1: Able to perform appropriate leadership roles in diverse situations of social work practice and to demonstrate management skills in their professional practice
- PSO2: Able to engage effectively in 'working with individuals', 'working with group', 'working with community' and in the organizational context.
- PSO3: Demonstrate the ability in social work process & reflective practices in their practice milieu
- PSO4: Able to engage in policy practices and to demonstrate volunteerism to reach out to people in vulnerable and marginalized situations.



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Cherpunkal PO, Kottayam-686584 - ESTD 1995

COURSE OUTCOMES

SEMESTER 1

SW010101: SOCIAL SCIENCES FOR SOCIAL WORK

- CO1: Understand basic concepts of sociology and its different dimensions
- CO2: Apply the concepts of sociology in Social Work practice.
- CO3: Analyze different dimensions of prevailing social issues in India
- CO4: Recognize the linkage of social issues and the design of social work interventions.
- CO5: Understand basic economic concepts and the economic situation in India
- CO6: Appraise the effect of national/global economy on social life in a society

SW010102: HUMAN GROWTH AND DEVELOPMENT

- CO1: Demonstrate knowledge of the major influences in human development.
- CO2: Explain the structure and function of the brain.
- CO3: Understand the developmental changes in various developmental stages across the life span.
- CO4: Analyse the importance of developmental psychology in social work practice and be able to link with real life situations
- CO5: Able to identify the use of theoretical concepts in lifespan stages in social work practice
- CO6: Understand the theories related to human development

SW010103: HISTORY, PHILOSOPHY AND FIELDS OF SOCIAL WORK

- CO1: Understand the history of social work approaches with respect to underlying ideologies and philosophies.
- CO2: Appreciate social work as a profession and to recognize the need and importance of Social Work Education, Training and Practice.
- CO3: Identify the importance of professional values and ethics in social work practice.
- CO4: Understand different fields of social work intervention and the issues and concerns of social work practice in India.
- CO5: Understand the social movements and role of social reformers in social welfare.



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CO6: Understand the present issues faced by social work profession.

SW010104: SOCIAL WORK PRACTICE WITH INDIVIDUALS

CO1: Understand Social Case Work as a method of Social Work and apply it as an intervention method.

CO2: Demonstrate knowledge of the values and Principles of Social Case Work and to develop the capacity to practice them.

CO3: Acquire the required skills for practicing social case work.

CO4: Demonstrate ability to adopt a multi- dimensional approach in assessment.

CO5: Able to document and social case work practice

CO6: Apply social case work method in various settings.

SW010105: SOCIAL WORK PRACTICE WITH COMMUNITIES

CO1: Display depth knowledge about the community organization process.

CO2: Understand the use and practice of community organization in various fields of social work.

CO3: Explain the role of social worker in social action and social reform for social development.

CO4: Able to undertake social audit, social impact assessments

CO5: Able to analyze ongoing community organization programs.

CO6: Identity the emerging trends and experiments in community organization

SW010106 - FIELD PRACTICUM 1

CO1: Understand a community in terms of its geographical, social, economic and political systems, power structures and their inter-relationships based on the theoretical understanding obtained from the courses in the semester.

CO2: Understand and practice the values and code of ethics of professional social work practice and familiarize with the principles of social work.

CO3: Understand the assumptions, principles, phases and models of community organization.

CO4: Knowledge of the structure and function of the decentralized governance system and various institutions in the community.

SEMESTER 2



SW010201: INTRODUCTION TO ABNORMAL AND SOCIAL PSYCHOLOGY

CO1: Understand the fundamentals of human behavior

CO2: Demonstrate knowledge of classification and overview of psychological disorders.

CO3: Develop insight about the theories of human personality

CO4: Demonstrate knowledge of concepts theories of social psychology

CO5: Analyse individual behavior in social context.

CO6: Analyze the group behavior in social context.

SW010202: COUNSELLING AND PSYCHOTHERAPY

CO1: Understand the process, the skills necessary and the principles to be abided by in helping individuals

CO2: Acquire knowledge of the theoretical and therapeutic approaches in counselling and psychotherapies

CO3: Demonstrate knowledge and skills in the process and techniques of Counselling and Psychotherapies

CO4: Demonstrate skills for ethical practice of counselling with different clients in various settings

CO5: Understand the concepts of Psychotherapy and various psychotherapeutic techniques

CO6: Demonstrate knowledge of skills and techniques of various psychotherapeutic interventions

SW010203: PROFESSIONAL SKILLS FOR SOCIAL WORKERS

CO1: Demonstrate professionalism in their behaviour

CO2: Demonstrate skills in critical reflection in personal and professional practice contexts

CO3: Display knowledge and competence in life skills

CO4: Demonstrate skills in communication

CO5: Able to document social work practice in respective domain areas

CO6: Display competence in management of teams and leadership in the practice context



SW010204: SOCIAL WORK PRACTICE WITH GROUPS

- CO1: Understand Social Group Work as a method of Social Work and apply it as an intervention method.
- CO2: Demonstrate skills to apply the method for development and therapeutic work
- CO3: Understand the scope of Social Group Work in different settings.
- CO4: Understand group work as an instrument of change/development in individual in groups
- CO5: Develop skills to work with different stages and record the process
- CO6: Display therapeutic skills for Group Work practice

SW010205: SOCIAL WORK RESEARCH AND STATISTICS

- CO1: Develop an understanding about the scientific approach to human inquiry
- CO2: Understand Social research as a method of social work and to develop the appropriate skills to effectively implement the research methods and techniques in the field.
- CO3: Demonstrate skills in literature search
- CO4: Able to design research proposals
- CO5: Understand the relevance and able to carry out appropriate statistical analysis in social work research.
- CO6: Independently evaluate different methodological approaches within qualitative research

SW010206 - FIELD PRACTICUM 2

- CO1: Understand the functioning of a structured setting/agency – Primary or Secondary (e.g., a school, a hospital, or an institution providing services for people with inability, social, physical or mental).
- CO2: Understand in depth the application of Social Work methods in dealing with individuals (case work) and groups (group work).
- CO3: Develop the ability to do interventions ensuring clients' participation.
- CO4: Familiarize with the method of social work research through field level application
- CO5: Develop skill in writing academic articles



SEMESTER 3

SW010301: PLANNING AND IMPLEMENTATION OF DEVELOPMENT PROJECTS

- CO1: Understand in detail the nature, approaches and strategies of development projects
- CO2: Analyze systematic approach to programme planning.
- CO3: Develop an understanding of the changing trends in participatory programme planning approach in government and NGOs.
- CO4: Demonstrate skills to handle various phases of Development projects
- CO5: Understand the concepts of financial management of a project
- CO6: Able to write project proposals

SW010302: ADMINISTRATION OF HUMAN SERVICE ORGANIZATIONS

- CO1: Develop understanding of the evolution of administration as a science and as a method in Social Work Practice.
- CO2: Develop understanding and appreciate the utility of the administrative structures, processes and procedures in an organization.
- CO3: Acquire knowledge and skills in the use of different management techniques in HSO.
- CO4: Develop an understanding of elements of management and
- CO5: Understand concepts in organizational management.
- CO6: Acquire knowledge of the concept of social marketing and its scope in social work practice.

Specialization 1: Community Development (CD)

SW800301 Rural & Urban Community Development

- CO1: Understand the concepts of rural and urban community development and the strategies and approaches for Rural & Urban Development.
- CO2: Understand the problems and issues of People in Rural/Urban/Tribal/Costal settings in India and the various Governmental programmes and interventions in these settings.
- CO3: Study the functioning of rural and urban local self-government (LSG) and cooperative institutions and their contribution towards Rural and Urban Development.



CO4: Study the role of Civil Society and NGOS in Rural and Urban Development

CO5: Acquire relevant skills of working with rural and urban communities

CO6: Acquire knowledge about civil society and NGOs in Rural Development

SW800302 Environment and Disaster Management

CO1: Develop perspective about the interrelatedness of human life and environment.

CO2: Develop an understanding of problems arising out of environmental degradation and globalization.

CO3: Study the role of social work practice in tackling environmental issues and disaster management.

CO4: Communicate effectively about environment and disaster management to a variety of audiences, including policymakers, practitioners, and the general public.

CO5: Apply the knowledge of environment and disaster management to analyze and understand specific issues and challenges facing communities around the world.

CO6: Students will be able to develop and evaluate strategies for mitigating and responding to environmental and disaster risks, and promoting sustainable development.

SW800303 Community Health for Development Practice

CO1: Understand the concept of health and integrated approach to health in the context of Development.

CO2: Critically analyze plans and policies/services in health and implications for social work practice.

CO3: Demonstrate knowledge on concepts of Community Health, community participation, vital indicators and demographic data of health

CO4: Develop skills for intervention in community health sector

CO5: Understand the key concepts and theories related to community health and development practice, such as social determinants of health, community participation, and health equity.

CO6: Develop and evaluate strategies for promoting community health and well-being through development practice.



Group 2: Family and Child Welfare (FCW)

SW810301 Social Work Practice with Families

- CO1: Understand family as a social institution and the different conceptual frameworks for understanding marriage and family
- CO2: Demonstrate an understanding of family Social Work.
- CO3: Familiarize with family life education programmes.
- CO4: Develop knowledge and skills of Family Therapy.
- CO5: Develop an understanding of Various Settings of family practice
- CO6: Be acquainted with the various programmes for the welfare and development of the family.

SW810302 Policies and Programmes for Children and Youth

- CO1: Analysis of needs of children in various circumstances
- CO2: Comprehensive understanding of legal provisions for children in India
- CO3: Comprehensive understanding of schemes and programs in India to facilitate application in fieldwork.
- CO4: Analysis of needs and challenges faced by youth
- CO5: Comprehensive understanding of legal provisions, schemes and programs for youths in India
- CO6: Application of knowledge and skills in working with youth

SW810303 Population dynamics and Reproductive and Child Health

- CO1: Comprehensive understanding of basic demographic elements, measures and its applications in field of family and child welfare
- CO2: Analysis of transition of population dynamics and its implications on family and households in order to aid assessments of individual cases
- CO3: Critical evaluation of Population programs and policies in India and in the global context to develop perspectives and synthesize in framing programs/ activities in fieldwork.
- CO4: Comprehensive understanding of RMNCH Programs in India to aid in field work practicum
- CO5: Analysis of factors leading to reproductive ill health burden in community and developing programmes to address them effectively



CO6: Building on professional skills and technical know-how to construct new IEC materials for propagation of RMNCH and Family Welfare

Group 3: Medical and Psychiatric Social Work (MPSW)

SW820301 Clinical Assessment and Diagnosis of Psychiatric Disorders

CO1: Acquire understanding on the evolution of psychiatry and attitude towards mental illness.

CO2: Demonstrate knowledge and skills of assessment in mental health settings.

CO3: Demonstrate knowledge of clinical psychopathology.

CO4: Develop an understanding of the nature, causes, types and treatment of mental health disorders in children, adolescents and adults.

CO5: Acquire knowledge of Socio-Cultural Factors influencing mental health.

CO6: Develop a critical understanding of Mental Health Policies.

SW820302 Social Work in the Field of Health

CO1: Develop an understanding of the holistic concept of Health.

CO2: Understand and analyze different health problems in India

CO3: Assess the scope of social work methods in medical settings.

CO4: Demonstrate skills for interventions in medical social work practice.

CO5: Understand role and functions of a medical social worker in various settings

CO6: Analyse the standards of social work practice in health setting

SW820303 Health Care Administration and Community Health

CO1: Understand the concept of health and integrated approach to health in the context of Development.

CO2: Critically analyze plans and policies/services in health and implications for social work practice.

CO3: Demonstrate knowledge on concepts of Community Health, community participation, vital indicators and demographic data of health

CO4: Develop skills for intervention in community health sector

CO5: Understand the key concepts and theories related to community health and development practice, such as social determinants of health, community participation, and health equity.

CO6: Develop and evaluate strategies for promoting community health and well-being through development practice.



SW010303 - FIELD PRACTICUM 3

CO1: Gain an in-depth knowledge of the specialization area.

Elective (Specialization) –Community Development (CD)

CO1: Understand the administrative structure and functioning of the agency

CO2: Familiarize with the policies, laws and government programmes applicable to the client systems of the agency

CO3: Familiarize with the approaches and intervention strategies in the development sector

CO4: Develop the skill in using PRA techniques in the setting

CO5: Develop skill in intervention at organizational / community level ensuring people's participation

CO6: Understand key concepts and theories related to economic development, such as economic growth, poverty, inequality, and sustainable development.

CO6: Develop and evaluate strategies for promoting economic development in developing countries.

Elective (Specialization) – Family and Child Welfare (FCW)

CO1: Understand the administrative structure and functioning of the agency

CO2: Familiarize with the policies, laws and government programmes applicable to the client systems of the agency

CO3: Develop skill in intervention at individual and group levels

CO4: Develop skill in family assessment and intervention

CO5: Develop skill to work with children

CO6: Demonstrate knowledge and apply procedures for protection of children

Elective (Specialization) – Medical and Psychiatric Social Work

CO1: Understand the administrative structure and functioning of the agency

CO2: Understand the functioning of multidisciplinary team in a psychiatric setting and the role of social worker in the team

CO2: Develop the skill in case history taking and mental status examination

CO3: Familiarize with the approaches and intervention strategies in the psychiatric setting

CO4: Develop skill in intervention at individual and group levels



CO5: Understand government and NGO initiative for promotion of mental health

SEMESTER 4

SW010401: Social Legislation and Human Rights

CO1: Understand the Indian Legal System and its functioning.

CO2: Understand and appreciate the Indian Constitution with particular emphasis on the Fundamental Rights and Directive Principles.

CO3: Understand the nature of social legislation and the various

CO4: Explain salient features of legislations for family, women, children and other marginalized groups.

CO5: Explain the concept of social policy and demonstrate skills in social policy analysis.

CO6: Demonstrate skills of using legal procedures to defend the human rights of various marginalized groups

SW010402: Gerontological Social Work

CO1: Understand the concept of gerontology and approaches to ageing

CO2: Analyse the process and issues of ageing

CO3: Analyse policies and programmes for elderly in India.

CO4: Demonstrate skills in working with elderly

CO5: Demonstrate knowledge and skills for interventions in Gerontological Social Work

CO6: Explain and analyze institutional and non-institutional services for elderly

Group 1: Community Development (CD)

SW800401: Human Resource Management for Development Practice

CO1: An understanding of the strategic issues and organizational challenges in Human Resource Management

CO2: Relevant management competencies, leadership skills and analytical capabilities in HR management

CO3: Insight into the different strategies and approaches commonly adopted in Development Practice

CO4: An appreciation of the issues of managing changes in Human Resource Management.

CO5: Access to a strong network and connections within the sector



CO6: Confidence to pursue a career in the Human Resource Management sector.

SW800402: Economic Development: Theory and Practice

CO1: Understand critical perspectives on various dimensions of development

CO2: Apply appropriate strategies and models in their development practice

CO3: Demonstrate skills to quantify the development outcomes for strategic development planning

CO4: Evolve new strategies and models for achieving sustainable development goals

Group 2: Family and Child Welfare (FCW)

SW810401: Therapeutic Interventions in the field of Family and Child Welfare

CO1: Understand and demonstrate skills in working with families

CO2: Understand and manage sexual dysfunctions

CO3: Apply cognitive behavioural techniques with marital partners

CO4: Apply therapeutic techniques with children

CO5: Understand and manage autism spectrum disorders and child sexual abuse

CO6: Demonstrate knowledge and apply procedures for protection of children

SW810402: Social Work in Education

CO1: Understand the basics of child mental health and issues of children

CO2: Develop knowledge of the history of social work in schools

CO3: Demonstrate knowledge and skills to work in educational settings.

CO4: Able to deliver life skills education

CO5: Understand the multiple levels and systems operating to define schools and ways social workers can effectively practice at these various levels and within these systems.

CO6: Understand government and NGO initiative for promotion of mental health

Group 3: Medical and Psychiatric Social Work (MPSW)

SW820401: Social Work Interventions in the field of Mental Health

CO1: Able to apply psychosocial Treatment Methods for persons with Mental and Emotional Disorders.

CO2: Understand Institutional approaches to provision of Mental Health Services.

CO3: Demonstrate knowledge and skill in the practice of Community Psychiatry and



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Rehabilitation

CO4: Acquire the skills and competencies of Cognitive Behavioural assessment and intervention

CO5: Acquire the skills and competencies of Cognitive Analytic assessment and intervention

CO6: Demonstrate knowledge and skills of interventions in dealing with families and groups

SW820402: School Mental Health and Social Work Practice

CO1: Understand the basics of child mental health and issues of children

CO2: Develop knowledge of the history of social work in schools

CO3: Demonstrate knowledge and skills to work in educational settings.

CO4: Able to deliver life skills education

CO5: Understand the multiple levels and systems operating to define schools and ways social workers can effectively practice at these various levels and within these systems.

CO6: Understand government and NGO initiative for promotion of mental health

SW010403 - FIELD PRACTICUM 4

CO1: Gain an in-depth knowledge of the specialization area by working with an agency in the respective area

CO2: Practice adaptively all the methods of social work (both primary and secondary)

Elective (Specialization) – Community Development (CD)

CO1: Familiarise with the policies, laws and government programmes applicable to the client systems of the agency.

CO2: Demonstrate the ability in assessing, intervening and working with elderly.

CO3: Develop skill in critical evaluation of financial management of the development sector

CO4: Develop skill in human resource management for development practice

CO5: Understand the significance of social policy in Community Development and gain the basic skills of influencing the same.

Elective (Specialization) – Family and Child Welfare (FCW)

CO1: Familiarize with the policies, laws and government programmes applicable to the client systems of the agency

CO2: Demonstrate the ability in assessing, intervening and working with elderly.

CO3: Familiarize with the approaches and intervention strategies employed by the agency



CO4: Explore the possibilities of children and youth involvement in development project.

CO5: Understand the gender dimensions of the agencies work

Elective (Specialization) – Medical and Psychiatric Social Work

CO1: Familiarize with the policies, laws and government programmes applicable to the client systems of the agency

CO2: Demonstrate the ability in assessing, intervening and working with elderly.

CO3: Learn the role of professional social workers in school setting

CO4: Understand functioning of a multidisciplinary team

CO5: Gain knowledge in making social diagnosis and applying Social Work intervention

CO6: Gain knowledge in techniques in medical and school settings